

January OHS Lunch Menu

1 No School	2 Homemade Pizza Fruit Vegetable	3 Chicken Parmesan Penne Pasta Fruit Vegetable	4 Bacon & Swiss Frittata Croissant Fruit & Vegetable	5 Cheeseburger French Fries Fruit Vegetable
8 Baked Ziti w/tomato, ricotta, spinach, and Mozzarella Fruit & Vegetable	9 Cheesy Breadsticks Marinara Fruit Vegetable	10 <u>Chicken Tenders</u> <u>French Fries</u> <u>Fruit</u> <u>Vegetable</u>	11 Apple Cinnamon French Toast Casserole Fruit & Vegetable	12 No School
15 No School	16 Homemade Pizza Fruit Vegetable	17 Chicken Alfredo Garlic Toast Fruit Vegetable	18 Sausage, Egg & Cheese Biscuit Fruit Vegetable	19 Jambalaya Corn Bread Fruit Vegetable
22 Cheesy Cavatappi Fruit Vegetable	23 Cheesy Breadsticks Marinara Fruit Vegetable	24 Chicken Bacon Ranch Flatbread Fruit Vegetable	25 Red, White and Blue Parfait Fruit Vegetable	26 Herbed Chicken & Rice Fruit Vegetable
29 Minestrone Soup Cheesy Garlic Bread Fruit Vegetable	30 Homemade Pizza Fruit Vegetable	31 Chicken Sandwich French Fries Fruit Vegetable		

Lunch Menu includes a whole grain or meat/meat alternative, fruit, vegetable, and milk component in compliance with the National School Lunch Program. All Grains listed are Whole Grain Rich and 1% white milk is served daily **Menus are subject to change without notice**

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